

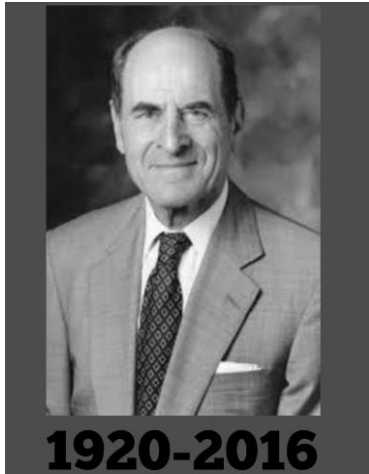
Learn About



Dr. Henry Heimlich



Dr. Henry J. Heimlich



Dr. Henry Judah Heimlich was a renowned thoracic surgeon who practiced from World War II throughout the 20th century. A thoracic surgeon is a doctor who specializes in and performs surgeries on chest organs, including the lungs, heart, and esophagus.

Dr. Heimlich invented many procedures during his career. His first, as a new surgeon in WWII, was a treatment for trachoma, a bacterial infection of the eyelids that had previously led to blindness. In the 1960s, he invented the Heimlich Chest Drain Valve. This valve prevents the lungs from collapsing after chest trauma caused by injury or surgery. In 1980, he invented the MicroTrach, a portable oxygen delivery system that allows

patients to more easily and efficiently take oxygen than previous methods.

But it was in the early 1970s that Henry Heimlich came up with what is probably his most famous procedure. Dr. Heimlich learned that approximately 4,000 people die each year from choking on food or small objects. He began to study ways to use pressure on the diaphragm—the muscle that separates the chest cavity of mammals from the stomach cavity—to save choking victims. His studies led to what we now know as the Heimlich Maneuver. This simple and easy to perform maneuver has saved more than 100,000 people in the United States alone.

Interestingly, Dr. Heimlich never himself performed his maneuver in an emergency situation until the age of 96. Though he had demonstrated the maneuver many times in the more than 42 years since its invention, it wasn't until he was retired and living in a nursing home that he had to actually employ it.

At dinner one evening, one of his fellow residents, 87-year-old Patty Ris, began choking on a piece of meat. He turned her in her chair so that her back was exposed and performed the maneuver—a simple succession of abdominal thrusts—until the meat was dislodged and Miss Ris was okay.

Dr. Heimlich died about 7 months later in December 2016. During his lifetime, he founded the Heimlich Institute which was dedicated to research, received the prestigious Albert Lasker Public Service Award and the Distinguished Service Award, published more than 100 scientific papers, presented more than 250 medical lectures, and founded the Dysphagia Foundation, which helps teach stroke victims how to swallow again.



Perform the Heimlich Maneuver

The Heimlich Maneuver is easy to perform and can save the life of a person choking on food or a small object. When a person is choking, he can neither breathe nor speak. His skin begins to turn colors and he may put a hand to his throat in the universal sign for choking. Follow these simple steps to remove the object from the victims throat:

1. From behind, wrap your arms around victim's waist

2. Make a fist and place the thumb side of your fist against victim's upper abdomen, below the ribcage and just above the navel

3. Grasp your fist with your other hand and press into victim's abdomen with a quick, upward pressure. Do not squeeze the ribcage; confine the force of the thrust to your hands.

4. Repeat until object is expelled



Courtesy of www.henryheimlich.com

Perform the Heimlich Maneuver

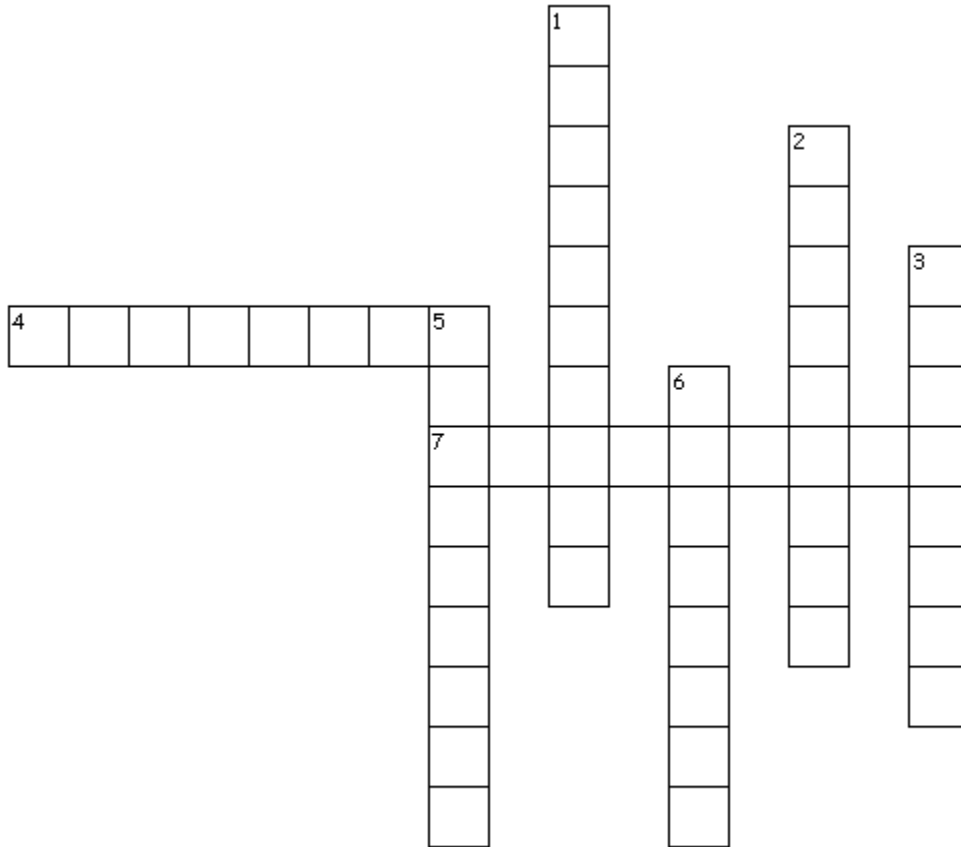


Fill in the blanks

1. A _____ is a doctor who specializes in and performs surgeries on chest organs, including the lungs, heart, and esophagus.
2. _____ is a bacterial infection of the eyelids that had previously led to blindness.
3. The _____ is a valve that prevents the lungs from collapsing after chest trauma caused by injury or surgery.
4. The _____ is the muscle that separates the chest cavity of mammals from the stomach cavity.
5. The _____ is a simple and easy to perform maneuver that can save a choking victim.
6. The Heimlich Maneuver is a simple succession of _____ thrusts.
7. The _____ founded by Henry Heimlich, helps stroke victims learn how to swallow again.
8. The _____ is a portable oxygen delivery system that allows patients to more easily and efficiently take oxygen than previous methods.



Henry Heimlich Crossword



Across

- 4. infection of the eyelids that once led to blindness
- 7. muscle that separates chest cavity from stomach cavity

Down

- 1. portable oxygen delivery system
- 2. foundation that teaches stroke victims how to swallow again
- 3. maneuver that can save choking victims
- 5. Stomach area
- 6. type of surgeon who specializes and performs surgeries on chest organs

Word Bank		
Heimlich	Trachoma	MicroTrach
Thoracic	Diaphragm	Dysphagia
Abdominal		



Dr. Heimlich Word Search

S G U G K M E K D S I U R H T
Q Q X L G F I I F A P V U C H
W T F K B L A C O B C W N I O
J Z L L U P G K R D M A T L R
A I G A H P S Y D O N N E M A
S L M R M U I Q B M T W P I C
M S A S R O Y E X I N R P E I
H G G G O L H A M N Q Z A H C
M J E Z U Y P C I A I D V C D
G O K H L U V D A L T G H G H
N M A N E U V E R R Z C I R F
F B T T N I F S Y N T R N F A
C H E S T D R A I N V A L V E
J U K N B Q L Y V Z I I H S N
B E C M H K E I Q T Z J J K U

ABDOMINAL
DYSPHAGIA
MICROTRACH
TRACHOMA

CHEST DRAIN VALVE
HEIMLICH
SURGEON

DIAPHRAGM
MANEUVER
THORACIC



Thank you so much for downloading this Learn About Dr. Henry Heimlich printable! I truly appreciate your support and encouragement and hope this printable helps your learn a little more about the man behind the Heimlich Maneuver.

Like What You See Here?

Check out my low-cost novel studies available for purchase!

[Lit Looking Glass Novel Studies](#)

Click on the link below to go to my Lit Looking Glass Shop.



Need help picking the perfect novels for your homeschool?

[Choosing the Perfect Fiction Books for Your Homeschool Year](#)

Click on the link below to find out more.

An advertisement for 'Choosing the Perfect Fiction Books for your Homeschool Year'. It features a pink background with a central image of a person's legs sitting on a stack of books. To the left, the title is written in a cursive font. To the right, the text reads '5 Easy Lessons will teach you' followed by a list of five bullet points: '- why you can mostly ignore reading levels', '- how to match up novels with your other studies for enhanced learning', '- the benefits of reading aloud with your kids and how to pick the perfect novels to do so', '- how to choose an independent reading list that will keep your child engaged for the whole school year', and '- the best methods for putting it all together into a cohesive, literature-filled school year'. A red button with the text 'Click Here to Reserve Your Spot' is at the bottom left.



Copyright © KT Brison 2017

Home educators and parents who have purchased this ebook may print the material and use it as they wish, but it is illegal to copy, sell, or reproduce it for financial gain or in a public forum without permission.

